

## TIE-DYE D.I.Y.

I have had this tie-dye shirt idea for a very long time! During this time of physical distancing, with a lot of time on my hands, I decided to recycle clothing that I stopped wearing or were getting old. This activity is a great way to recycle your clothes and save money on buying new ones. You can easily make it at home and it's a great way to pass your time as well!

**By: Shayna Thakur**

## MATERIALS

- shirt
- rubber bands (thick)
- plastic shrink wrap
- vinegar
- gloves
- newspapers
- fork
- water
- spray bottle
- clothing: shirt/pants/leggings
- color remover detergent (I used the Carbona Color Run Remover Non-bleach)



### STEP 1

Lay your clothing flat on a table or ground. Don't forget to place a newspaper underneath so you don't damage your furniture! Using a spray bottle, spray water throughout the piece of cloth evenly and on both front and back. Be sure it's not too wet, it just needs to be damp.

## STEP 2



Placing a fork in the center of the cloth start twisting it in a circular motion. Proceed with this step until it the whole cloth is wound.

## STEP 3



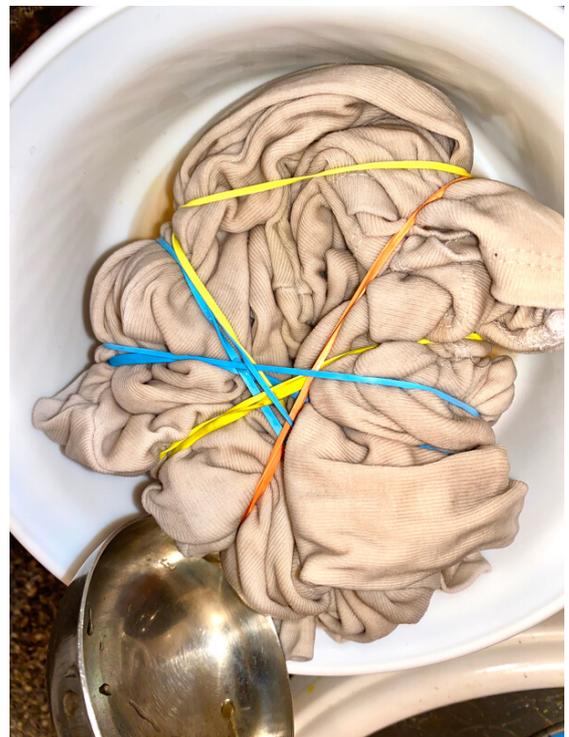
Position 4-5 rubber bands in a star shape. It is not necessary to only make this style - you can make a small curl pattern evenly on the whole shirt.

## STEP 4

Now place this shirt inside your bathroom tub or in the sink and wear your gloves.

Using the color remover detergent, squeeze the liquid all over the shirt, on both the top and bottom part.

Repeat this step again with vinegar as it helps to make the pattern more prominent.



## STEP 5

Wrap your shirt in plastic shrink wrap and leave it for about 8-10 minutes.

Don't leave it for too long (no more than 30 minutes) as it can fade the shirt completely and you might not get the desired result.



## STEP 6



As soon as it hits 10 minutes, again wearing your gloves, take the shirt out of the wrap and take off the rubber bands. Run it under cold water for at least 6-7 minutes.

## STEP 7

After rinsing the shirt well with cold water, put it in a washing machine (solo) and let it dry.

That's everything! And there you have it - your own customized tie-dye shirt.

This pattern is trending all over social media. Without having to spend a fortune, you can now flaunt your cool patterned shirt just by using at-home products.